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... I'M SORRY, DID YOU SAY PETER JACKSON?

FORMER LOST STAR SAID SHE WAS DONE WITH ACTING — UNTIL THE HOBBIT DIRECTOR GAVE HER A CALL **PAGE 21**

'Slippery and icy' streets

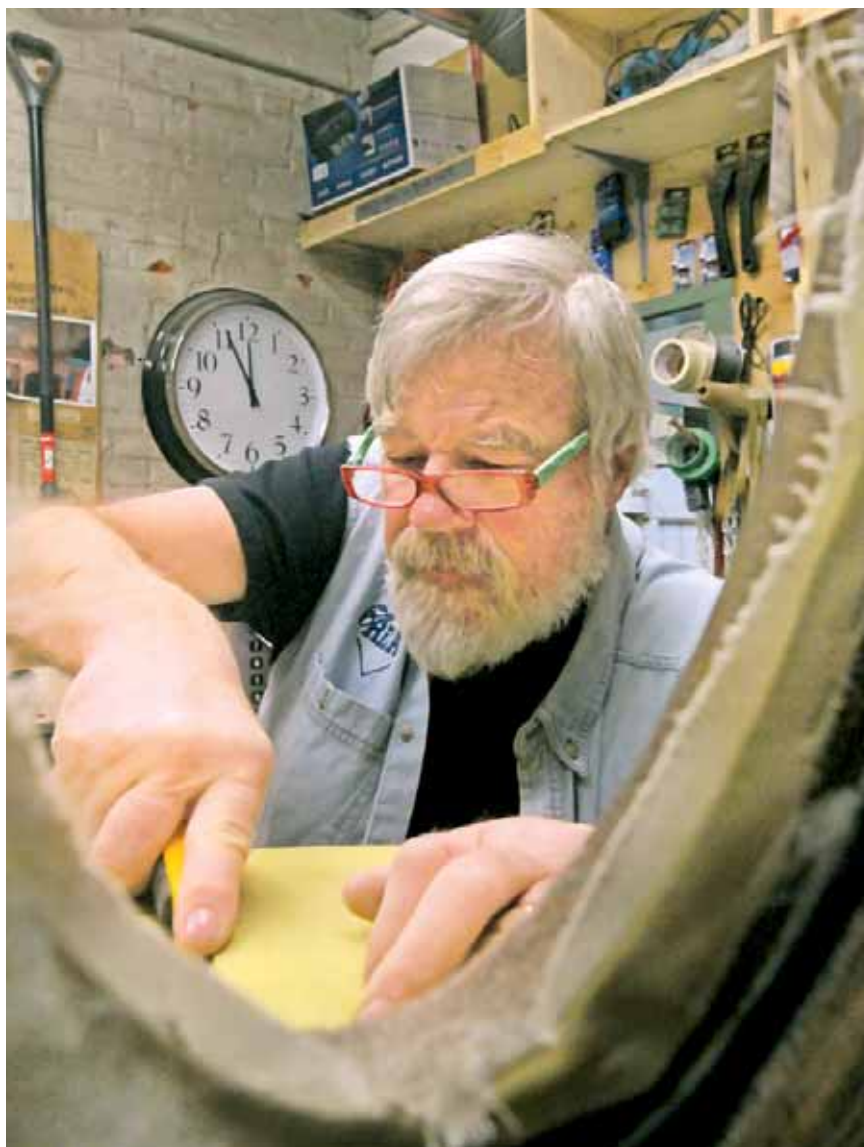
Dozens of crashes were reported around Calgary Sunday due to slick conditions on city roads **PAGE 3**

Canadian arms sold to Iraq

Countries with dubious human rights records recipients of made-in-Canada weapons **PAGE 9**

Even Santa has a bottom line

Metro columnist talks budgeting while playing the Big Guy — especially when that wish list gets pricey **PAGE 25**



INUNDATED WITH BUSINESS

In Inglewood, Junktiques owner David Kaufman has found opportunity in the aftermath of June's historic flood. He refinishes flood-stricken furniture and recycles damaged materials into fresh pieces. Story, page 4. BRYAN WEISMILLER/METRO

City's online 311 use expected to surpass phone use

Going digital. Traditional phone interactions decline as 311 increasingly transforms to web- and app-based service



ROBSON FLETCHER
robson.fletcher@metronews.ca

In what would be a first for the city, Calgary is on track to receive more 311 requests online than by phone in 2014, according to a new report from a group tasked with modernizing the service.

The "311 Guiding Coalition" projects more than 30,000 requests will roll in through the city's website and dedicated mobile app next year, which would be the biggest surge in online usage they have ever seen, by far.

"Society has changed to the point where people expect immediate answers to concerns they have, and we're doing our best to respond to that," said Coun. Peter Demong, who put forward a motion in 2012 that created the coalition.

Roughly 18,000 service requests came via online portals this year, up from about

Quoted



"People are getting frustrated not knowing the status of the service request they've put forward through 311. So, I think this is going to be extremely helpful for citizens."

Coun. Peter Demong, on the improved status-tracking features planned for Calgary's 311 service

13,000 in 2012 and 11,000 in 2011, according to data to be presented to members of city council this week.

Total service requests have held steady at around 50,000 annually for the past few years, according to data from the same report, which anticipates online uptake to accelerate next year as additional "high-demand" ser-

vice-request types are made available on web and mobile platforms.

Currently, you can make 162 types of service requests online, up from fewer than 100 types last year and about 50 the year before.

Mike Warren has primarily used the web to make 311 service requests and while he's seen improvements, he said he still finds the interface a little "1990s" and doesn't find the status tracking particularly useful.

"They give you a number, but all I've ever experienced is (the service request) gets closed at some point — that's it," he said.

"I've never gotten any information about why it was closed."

Demong said that's one aspect that's targeted for further improvement.

"There will be an automated reply with your service request number and you can follow it and find out what's happening with your service request," he said.

Since the city launched its mobile 311 app in January, it has been downloaded 16,200 times and 8,600 service requests have been submitted through the software, which allows users to include photos and geolocation information in their submission, according to the guiding coalition's report.



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South Africa. Redford to pay respects at Mandela memorial

Premier Alison Redford, who worked with Nelson Mandela during the difficult transition from apartheid, joined the Canadian delegation headed to his funeral Sunday.

Redford joined Prime Minister Stephen Harper and several other current and former politicians in Ottawa before leaving for South Africa.

Following his death last week, Redford said she remembers Nelson Mandela as a man of courage and patience amidst the violence of South Africa.

As a lawyer before running for office, Redford worked for Mandela in the early 1990s as they strove to rebuild South Africa's legal system and lay the groundwork for the first all-race elections that led to Mandela becoming president.

She recalled how they would receive reports of factions on both sides violently attacking one another, trying to undo the process before it began.

"There were times when we were involved in constitutional negotiations where we were hearing about political fighting in townships where people were literally slaughtering each other because they were members of opposing political parties and he always believed that even though he knew that was going on, we couldn't let that become the agenda," Redford said Thursday.

"The agenda had to be about constructive, long-term change. He wasn't doing this for today. He was doing this for the five-year-olds and the six-year-olds and the kids that hadn't been born yet."

THE CANADIAN PRESS



A driver waits for assistance next to his vehicle, which crashed through a sound wall after losing control on westbound Memorial Drive Sunday afternoon. It was one of three crashes in the vicinity that had traffic on Memorial tied up in both directions around 1 p.m. ROBSON FLETCHER/METRO

Chaos on the roads

Light snow, cold pavement, heavy traffic = trouble.

Nearly 200 crashes were reported to police as of 4 p.m. Sunday



DARREN KRAUSE

darren.krause@metronews.ca

Dozens of crashes were reported around Calgary Sunday due to slick conditions

on city roads, which were brought on by a number of factors.

According to Calgary police, from midnight to 4 p.m. Sunday, 188 collisions had been reported on city roads, with 20 of those resulting in minor injuries.

Duty Insp. Jay Judin said road conditions worsened with the weather warming up, coupled with a light dusting of snow overnight and into Sunday morning.

"We recommend citizens increase the gaps between cars and slow down because

the roads are slippery and icy," he said.

"Drivers should expect travel around the city to take longer than usual."

Carmacks maintenance division manager Gary Brooks said the heavier-than-expected snowfall between 6:30 and 7 a.m., followed by increased Sunday Christmas traffic, led to slick conditions on Deerfoot Trail. Carmacks handles maintenance on Deerfoot for the province.

With the additional snow, 13 trucks hit the city's main thoroughfare, delivering a

sand and salt mixture hoping to reduce slick spots. Brooks expects crews to be out well into Sunday evening.

City road crews worked all weekend in residential areas, along with maintaining Priority 1 and 2 routes around the city. Still, crews are facing challenges in controlling the ice on the roads.

City roads spokesperson Jessica Bell said that crews are applying a salt and gravel mixture, but the road surface temperature is -20 C, so it's slowing the melting process.

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Turning big river disaster into smart business opportunity

Junktiques. Store owner finds niche restoring furniture damaged by Alberta's historic floods



BRYAN WEISMILLER
bryan.weismiller@metronews.ca

Furniture-maker David Kaufman has discovered building materials in the rubble of the old Calgary courthouse, the former downtown Herald building and a closed-down United church.

While those reclamation projects resulted from man-made demolitions, Kaufman has found new work in the wake of southern Alberta's big river disaster.

Almost six months after

Reuse and recycle

"If I can't fix it then I can reuse it and turn it into something else. That's what I really like doing because I like to put as little as possible in the bin."

Junktiques owner David Kaufman

June's historic flood, pieces of mud-caked, twisted and warped wood are being housed in his shop, Junktiques, in Inglewood.

"There's a high-back bed with as much mud as wood on it right now," Kaufman said of a future project. "I've got to scrape all that off and I'll be able to make an entry bench using the headboard as the back of the bench."

In another example, he plans to transform a beat-up desk into a pair of bedside tables.

It's all part of an effort to make a buck while keeping materials out of the landfill.

Metro previously reported that this Christmas season could make or break some Inglewood businesses affected by the flood.

But Kaufman was optimistic customers will come flooding back, noting most homeowners weren't fixated on their household goods at the height of June's flood.

It is, by his account, just "stuff."

But as flood-stricken Calgarians start to rebuild their lives, increasingly people are starting to look at replacing the finer things.

"I imagine the work will continue coming in consistently," Kaufman said.



Junktiques owner David Kaufman has expanded his niche to include repairing and restoring flood-damaged furniture in the city. BRYAN WEISMILLER/METRO

City to streamline low-income service provision



Low-income Calgarians currently have to apply separately for discounted city services. METRO FILE

Poverty advocates are applauding the city's plan to create a single application form and entry system for discounted rates on transit, recreation and other city services, beginning in 2014.

"We are hugely supportive of this kind of initiative," said Loreen Gilmour, director of poverty initiatives and research for the United Way of Calgary and Area.

Navigating bureaucracy to access government services consistently ranks as one

of the top challenges facing Calgarians living on a low income, Gilmour added, and the city's separate application process for its various subsidized services has long been highlighted as an example of the problem.

Repeatedly having to prove one's poverty can become "very discouraging," and prevents some people from accessing the services at all, she added.

A lot of people give up due to frustration or embarrass-

Crushing people's spirit

"There is a cost to your resiliency if you have to keep telling your story over and over about how you need help. ... There's a certain amount of crushing people's spirit if you set up a system where people feel like they have to beg."

Dr. Loreen Gilmour, director of poverty initiatives and research for the United Way of Calgary and Area, on the city's current system that requires people to apply multiple times for various subsidized services.

ment, said Bonnie Pacaud of Fair Fares, a group that advocates for low-income transit

options. "They just end up not applying," she said.

A common application

form across all low-income services and programs should be introduced in early 2014, according to a new city report, and a single point of entry is expected to start being phased in by later in the year.

"I think the 'holy grail' at the end of this is going to be a single pass card," said Coun. Richard Pootmans.

Last year, more than 45,000 Calgarians accessed low-income city programs and services.

ROBSON FLETCHER/METRO

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An artist's rendering of the interior for the planned facility at Acadia Athletic Park. CONTRIBUTED

Tennis Canada hopes to share the love with indoor Acadia facility

Partnership. City would provide land, Tennis Canada would build the facility under proposal



ROBSON FLETCHER
robson.fletcher@metronews.ca

Provided it can raise \$5 million more, Tennis Canada aims to begin construction next spring on an eight-court indoor facility that its director says would bring more affordable tennis to Calgary and help attract more high-level development resources to the city.

"We spend \$12 million a year on tennis development, but very little of it gets to Alberta, because we don't have the facility," Ron Ghitter told Metro. "We'd like to have another (Milos) Raonic coming

out of Calgary, over time. But more importantly, we want to grow the sport."

The plan would see the \$8-million indoor facility built on a vacant piece of land within Calgary's Acadia Athletic Park. It would also see six existing outdoor courts upgraded.

The city-owned land would be provided on a long-term lease, and Tennis Alberta would operate the facility as a non-profit entity.

Coun. Gian-Carlo Carra said the facility is a perfect fit for the "big chunk of leftover space" at the park.

"It's adding to the mix that's already there and it enhances the community," Carra said.

Calgary already has several indoor tennis facilities, Ghitter said, but they are run by private clubs and there is tremendous demand for court time "because there's such a shortage."

Facility features

The Acadia facility could offer indoor court time for up to four people at roughly \$32 an hour, according to Tennis Canada director Ron Ghitter.

- The facility would also have tennis pros on site and offer "really inexpensive" programs for kids, Ghitter said.
- More information can be found at acadiatennis.ca.

Tennis Canada is looking for another \$5 million to add to the roughly \$3 million it has raised so far.

"We're looking for an angel, really, to name the building and get over the hump and make it happen," he said.

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Fables is seen playing at The Cliff House during one of dozens of live music events held in the southwest Calgary home. COURTESY OF BOON ONG

'Life-changing' live music venue Cliff House prepares to shut its doors

Crime. Theft throws wrench into moving plans for co-host of 'magical' Calgary venue



JEREMY NOLAIS
jeremy.nola@metronews.ca

Sarah Erickson and Colin Smith have been opening the doors of their Cliff Bungalow home to friends and strangers alike for well over a year, but an unwanted intruder has struck a sour note with the hosts of what is a live music venue unlike any other in Calgary.

At some point Nov. 30, a person or group broke into The Cliff House, as its become known to hundreds

of music- and art-loving attendees, and snatched Erickson's savings.

"You just feel completely violated," she said. "It has changed the energy of the whole space."

Prior to the crime, it had been nothing but good vibes and fun times at The Cliff House, with more than 65 bands and artists throwing live concerts and setting up temporary art galleries inside.

Smith estimates 500 or more people have stopped by for at least one event at the home.

He said all credit for the concept goes to Erickson.

"It's been quite a magical thing that we put on — well, that she puts on," he said.

"I live there but she does all the work, I just kind of

Tad crammed

The Cliff House can hold up to 100 people during one of its live music events, but co-host Sarah Erickson admits it's a tad crammed.

advantage of that or they knew me and had been in the house. It's kind of scary," she said, adding there is nothing to suggest an enthusiast of The Cliff House is the culprit.

Now, the pair plans to throw one final soiree Dec. 21 and all donations at the door will go to Erickson's moving fund. She admitted she's a tad sad to see the space close.

"What I enjoy most is being able to provide a space for people that's comfortable and allows them to experience something they may never have before," she said.

"It's amazing to see people connect with art and music in this setting because it's so intimate and life-changing."

For more information, search The Cliff House on Facebook.

bring the beer and help where I can."

The pair had already been planning to pack up and move prior to the theft, but now Erickson needs some assistance.

While Smith is simply moving down the block, she had been planning to head east to Toronto using the now-stolen funds.

"It was the worst possible timing you could ever imagine ... either they knew we wouldn't be home and took

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Smoke billows in the air in Egypt on Sunday after Al-Azhar University students lit a fire at the dorm gates to lessen the impact of tear gas fired by police to disperse protesting supporters of the country's ousted president. MOHAMED HASSAN/THE ASSOCIATED PRESS

Clash at university protest in Egypt

Tear gas. Students hurled rocks at police and tried to block traffic on major thoroughfare

Egyptian police fired tear gas Sunday in an attempt to disperse supporters of the country's ousted Islamist president protesting at the dormitories of an Islamic university in Cairo.

Students at Al-Azhar University hurled rocks at the police and tried to block traffic on a major thoroughfare outside the

campus in eastern Cairo, a security official said. The official spoke on condition of anonymity because he was not authorized to speak to reporters.

Student spokesman Mahmoud Salah said the students had lit a fire at the dorm gates to lessen the impact of tear gas fired by the police.

With the start of the school year, Egypt's universities have become the main venue for protests by supporters of Mohammed Morsi.

The Muslim Brotherhood has organized protests, with marches on campuses nearly

What sparked the protest

Last month, 12 students from Al-Azhar University were sentenced to 17 years. Another 21 were on Sunday referred to trial.

- Sunday's protests were fuelled by the referral and a crackdown against female protesters.

every day. Al-Azhar University, with largely Islamist students, has seen persistent protests.

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Bahrain, Algeria, Iraq get new exports of Canadian guns, ammo

Arms control. Canada has yet to sign the UN Arms Trade Treaty (ATT), an attempt to regulate the multi-billion dollar industry

Bahrain, Algeria and Iraq, countries with dubious human rights records or a history of violent internal conflict, have recently become new buyers of Canadian-made guns and ammunition, an analysis of federal government data shows.

The analysis by The Canadian Press found that Canadian exports to those countries swelled by 100 per cent

from 2011 to 2012, the most recent figures publicly available. During the same time period, exports of Canadian weapons also increased to Pakistan (98 per cent), Mexico (93 per cent) and Egypt (83 per cent), where, respectively, al-Qaida terrorists, a deadly government war on drug cartels and seismic political upheaval have sparked violence.

Though Canada's arms trade is legal and regulated, analysts say the increases raise questions about the government's foreign policy commitment to human rights, and its regulatory regime for arms exports.

"It is really strange timing that Canada would be increasing a sale of arms or military equipment, let's say, at this

moment when Bahrain has been involved in violently repressing its own peaceful democracy demonstrators," said Roland Paris, director of the Centre of International Policy Studies at the University of Ottawa.

The Canadian Press provided a list of questions to the offices of International Trade Minister Ed Fast and Foreign Affairs Minister John Baird, but an emailed reply from Foreign Affairs left many of them unanswered. Foreign Affairs carefully reviews all export of weapons to ensure they "do not contribute to national or regional conflicts or instability" or "are not used to commit human rights violations," the statement said.

THE CANADIAN PRESS



Rehtaeh Parsons vigil in Halifax

Leah Parsons, centre, hangs an ornament on a Christmas tree during a vigil in honour of her daughter Rehtaeh as partner Jason Barnes looks on. Rehtaeh, who took her own life last April after being bullied over an alleged sexual assault, would have turned 18 on Monday. RUTH DAVENPORT/METRO IN HALIFAX

Sensible B.C.'s campaign to force marijuana referendum unsuccessful

There was plenty of smoke, but ultimately no fire for Sensible B.C.

Campaign organizer Dana Larsen confirmed Sunday that the Citizen's Initiative for a referendum on decriminalizing marijuana possession has failed ahead of Election B.C.'s Monday deadline.

"We're not going to make it," said Larsen. "We're very proud of our team of canvassers and what we accomplished. Two-hundred

thousand signatures is still a remarkable feat."

Larsen and his team needed to collect the signatures of 10 per cent of registered voters in every single one of B.C.'s 85 electoral districts in a 90-day period for the initiative to be a success.

"We're not done counting yet and there are last-minute signatures coming in, but it looks like we reached the threshold in about two dozen ridings," said Larsen.

MATT KIELTYKA/METRO IN VANCOUVER



Members of the Sensible B.C. campaign beside the Cannabis, their mobile headquarters.

JENNIFER GAUTHIER/METRO FILE

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Paying respects

Mulcair, three ex-PMs board Harper's plane to South Africa

A who's who of Canadian politics boarded Stephen Harper's plane to join the prime minister as he flew to South Africa to pay respects to Nelson Mandela.

Harper will attend a public memorial for Mandela on Tuesday in Johannesburg, as well as his lying in state in Pretoria on Wednesday.

He was accompanied by three predecessors: Brian Mulroney, Jean Chrétien and Kim Campbell. Joe Clark is already in Africa and will also join the delegation.

NDP Leader Thomas Mulcair also boarded the plane, but not Justin Trudeau, the Liberal leader. Instead, Liberal MP Irwin Cotler joined the delegation. **THE CANADIAN PRESS**

South Africans unite to remember Mandela

Farewell to a hero.

Mourners of all races come together to celebrate the man called 'that moonlight in the dark night'

In death, Nelson Mandela unified South Africans of all races and backgrounds Sunday on a day of prayer for the global statesman — from a vaulted cathedral with hymns and incense to a rural, hilltop church with drums and dancing.

Mandela was remembered in old bedrocks of resistance as well as former bastions of loyalty to apartheid.

"May his long walk to freedom be enjoyed and realized in our time by all of us," worshippers said in a prayer at the majestic St. George's Cathedral in Cape Town, where the first

A force for unity

"He said, 'Let's forgive,' and he forgave. That created a space for people to feel safe ... at a time when the expectation was that there was going to be a war."

Rev. Niekie Lamprecht, pastor of the Dutch Reformed Church of Pretoria East, who said Mandela was the driving force behind changes of attitude in the congregation's overwhelmingly white parishioners

white settlers arrived centuries ago aboard European ships.

South Africa's reflection on Mandela's astonishing life was a prelude to a massive memorial in a Johannesburg stadium Tuesday that will draw world leaders and luminaries. They will gather to mourn, but also to salute the achievements of the prisoner who became president and an emblem of humanity's best instincts.

The extended farewell ends Dec. 15, when Mandela is to be buried in his hometown of Qunu in Eastern Cape province.

The anti-apartheid campaigner wanted to die in those modest, traditional surroundings; instead, he died Thursday at age 95 in his home in an exclusive Johannesburg area. He was surrounded by family after months of a debilitating illness that required the constant care of a team of doctors.

The Rev. Sebastian J. Rossouw compared Mandela to the biblical figures Isaiah and John the Baptist as men who led in dark times, calling him "that moonlight in the dark night."

God "sent us this man to

show us the depths of the human heart, he sent us this man to show us that despite what was going on at the time, light could shine," Rossouw said. He warned of the flaws of modern life in South Africa, preaching against the "corruption and crime" that plague the country.

Mandela's ex-wife, Winnie Madikizela-Mandela, joined one of his grandsons, Mandla Mandela, and South African President Jacob Zuma in a prayer service in Johannesburg.

Foreign dignitaries began arriving Sunday, and the South African government said more than 50 heads of state were expected. Those attending include Prime Minister Stephen Harper, U.S. President Barack Obama, British Prime Minister David Cameron and UN Secretary-General Ban Ki-moon.

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People hold hands as Rev. Ndimiso Gawe leads day of prayer and reflection to honour Mandela.

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Mandela's jailer

An unlikely friendship

He was with Nelson Mandela during all those years the anti-apartheid icon was imprisoned on Robben Island. And, like millions around the world, he has been hit hard by Mandela's death.

Yet this South African was not one of Mandela's fellow prisoners. Christo Brand was his jailer.

Such was Mandela's charm and ability to turn enemies into allies that even the black political prisoner and the white Afrikaans warden forged an unlikely but enduring friendship.

Mandela and Brand last met about two years ago when Brand, now in his 50s, brought his wife, son and grandson to see Mandela in Cape Town in a Sunday afternoon visit that lasted nearly three hours.

They had "nice chats about the past, about his family. He wanted to pick up my grandchild, to hold him, which he was a little bit shy to go to him. You could see



Christo Brand FACEBOOK

he really reached out for touching a child at that moment," Brand recalled.

"When I got the message when he passed away, it was very sad for me," Brand said Saturday. "But I think he was successful and he did what he wanted to do. I wanted him to go in peace and I am thinking of the family today, what they go through."

Brand once again works on Robben Island, which is no longer a prison but a bustling tourist attraction. He and other former guards and prisoners tell visitors about the new South Africa's racial reconciliation.

THE ASSOCIATED PRESS

them in prayer outside the home of former president Nelson Mandela in Johannesburg, South Africa, Sunday. South Africans flocked to houses of worship for a national kicking off planned events that will culminate in what is expected to be one of the biggest funerals in modern times. MATT DUNHAM/THE ASSOCIATED PRESS



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American vet, 85, returns from N. Korea



Merrill Newman, centre, walks beside his wife Lee and son Jeffrey after arriving in San Francisco. BEN MARGOT/THE ASSOCIATED PRESS

North Korea. Merrill Newman was detained at the end of a trip to the country; his age was cited as one reason for his release

A tired but smiling U.S. veteran detained in North

Korea for several weeks has returned home to applause from supporters, yellow ribbons tied to pillars outside his home and the warm embrace of his family.

Merrill Newman arrived at the San Francisco airport Saturday after turning down a ride aboard Vice-President Joe Biden's Air Force Two in favour of a direct flight from Beijing. He emerged

'Attention-seeking regime'

"They often will grab people to gain attention to get a world leader come and rescue them."

U.S. Rep. Adam Schiff, a Democrat who represents Newman's home area

into the international terminal smiling, accompan-

ied by his son and holding the hand of his wife amid applause from supporters. He spoke briefly to the assembled media, declining to answer any questions or discuss his ordeal.

"I'm delighted to be home," he said. "It's been a great homecoming. I'm tired, but ready to be with family."

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Wisconsin

\$60 to snuggle?

A new snuggling business in Wisconsin's capital city may have closed amid scrutiny from city officials.

Customers at Madison's Snuggle House can snuggle with professional cuddlers for \$60 an hour. Supporters say the business helps people relax through non-sexual touch.

But city officials suspect the Snuggle House may be a thinly veiled brothel. THE ASSOCIATED PRESS

Lac-Mégantic


Quebec honours first-responder heroes

Firefighters, paramedics, and police who responded to the train derailment in Lac-Mégantic were honoured Sunday near the site of the tragedy. Quebec premier Pauline Marois and Lac-Mégantic mayor Colette Roy-Laroche were among those who took part in a ceremony Sunday at the local high school. THE CANADIAN PRESS



Gov't not keeping its word?

A wild caribou roams the tundra near The Meadowbank Gold Mine located in the Nunavut Territory of Canada. Environmentalists are asking why government rhetoric on saving caribou habitat isn't matched by what's happening. They say both Ottawa and Alberta have committed to preserve the very area currently being hammered by development. NATHAN DENETTE/THE CANADIAN PRESS



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Rebuilding after Haiyan

Tacloban. Trucks haul debris, markets sell food and trees sprout new leaves as Philippine city starts to get back on its feet

work, and markets are laden with fruits and bread. Shredded trees are sprouting new leaves. Above all, the sounds of a city getting back on its feet fill the air: the roar of trucks hauling debris, the scrape of shovel along pavement, the ping of hammer on nails.

One month after Typhoon Haiyan, signs of progress in

the Philippine city of Tacloban are mixed with reminders of the challenges ahead.

City administrator Tecson Lim has begun talking of a silver lining: "The opportunity to transform our city into a global city, a city that is climate-change resilient and that can perhaps be a model."

Rebuilding will take at least three years, and success

will depend on good governance and access to funds.

But one couple in the town had other things on their minds Saturday. Earvin Nierva and Rise El Mundo exchanged marriage vows then posed for photos in a hard-hit area of the city.

"This gives hope to people that we can rise up," said El Mundo. **THE ASSOCIATED PRESS**



Earvin Nierva kisses his bride, Rise El Mundo, as they pose for their wedding photos on Saturday in Tacloban, Philippines. AARON FAVILA/THE ASSOCIATED PRESS

Support for reconstruction

The storm, one of the strongest on record to hit land, triggered an international response led by the United States and UN agencies.

- The Philippine government has joined them in paying for emergency employment for thousands who lost their livelihoods. The workers

clean up debris and receive about 500 pesos (\$11.36) a day.

- On Friday, the World Bank approved \$500 million in budget support for short-term recovery and reconstruction. It is also assisting in designing typhoon-resistant buildings.

Memorial

Town of Palo remembers the dead

In Palo town near Tacloban, dozens of names of villagers who perished were read in a memorial Sunday before Archbishop John Du celebrated mass.

Held to remember the dead and provide healing and closure, the ceremony was attended by survivors who recounted their tragic ordeals.

"We have lost so much of what we own," Du said in the homily. "But here, friends, we have never lost hope."

As darkness fell, hundreds of villagers piled out of the cathedral with lit candles and walked in a procession to a mass grave of about 100 typhoon victims in the church compound that was fenced off by white ribbon and marked by flowers. Du blessed the dead then the grieving survivors began to walk away, leaving clusters of candles flickering in the wind. **THE ASSOCIATED PRESS**



A child lights candles during memorial rites to mark one month since Typhoon Haiyan hit on Sunday, in Palo, Philippines. AARON FAVILA/THE ASSOCIATED PRESS



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Thailand

Political crisis deepens

Thailand's main opposition party resigned from parliament on Sunday to protest what it called "the illegitimacy" of an elected government with which it can no longer work.

The move deepens the country's latest political crisis as new street demonstrations are set to begin which many fear could turn violent.

THE ASSOCIATED PRESS

Germany

President to boycott Sochi

German President Joachim Gauck is boycotting the Winter Olympics and will not travel to Sochi, Russia next year. The decision is to protest against human rights violations and harassment of Russian opposition political figures. Gauck is an outspoken critic of Russia's human-rights record.

THE ASSOCIATED PRESS

Ukrainian anti-government protesters rally in Kyiv

Revolution of dignity.

Solution to the crisis appears elusive with the Russian-aligned government making no concessions

Quoted

"I am convinced that after these events, dictatorship will never survive in our country."

Opposition leader Vitali Klitschko. The protests have an anti-Russian component as Russia worked to derail the EU deal.

Angry anti-government protesters toppled a statue of former Soviet leader Vladimir Lenin in the centre of Kyiv on Sunday and blockaded key government buildings amid huge street protests, raising the stakes in an escalating standoff with President Viktor Yanukovich.

The biggest protest in the former Soviet republic since Ukraine's pro-democracy Orange Revolution in 2004 led the government to fire back. It announced an investigation of opposition leaders for an alleged attempt to seize

power and warned the demonstrators they could face criminal charges.

The West pressed for a peaceful settlement.

Hundreds of thousands of Ukrainians flooded the centre of Kyiv to demand Yanukovich's ouster after he ditched ties with the EU in favour of Russia and sent police to break up a protest. Packing Independence Square as far as the eye could see, Ukrainians waving European Union flags and sang the national anthem. THE ASSOCIATED PRESS



Ukrainian protesters smash a statue of Lenin after toppling it, in Kyiv, Sunday. EFREM LUKATSKY/THE ASSOCIATED PRESS

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'How can I control them? I am not God': Central African Republic's president

Trying to restore calm. Violence has killed 400 civilians, prompting UN to sanction French military intervention

The rebel-leader-turned-president of Central African Republic acknowledged Sunday that he doesn't have total control over former allies who are accused of killing scores of civilians.

In the latest abuse allegations, officials from two relief agencies said on Sunday that Muslim fighters from the former Seleka alliance that brought President Michel Djotodia to power had attacked a hospital in the capital Bangui, pulling out nine wounded young men who were accused of being part of a Christian militia and killing



A displaced child carries firewood Sunday in Bangui's monastery in the Central African Republic, where she and more than 10,000 others found refuge. French forces fanned out across the town Sunday, as Seleka forces kept their patrols despite an order to return to their barracks. JEROME DELAY/THE ASSOCIATED PRESS

them.

The officials said the wounded men were removed

from the hospital in front of horrified medical staff and the victims' bodies were found

just outside the building. The victims were suspected of being members of a Christian

militia that attacked the capital on Thursday. That attack unleashed retaliatory violence across the city.

At a news conference, Djotodia acknowledged the difficulties of controlling the ex-Seleka fighters, who came from several different northern rebel groups with the common goal of ousting President Francois Bozize from power in March after a decade in office.

"There are allegations that I cannot control my men.... I only know those who are with me," said Djotodia, who has traded his former rebel fatigues for a presidential grey suit and black tie. "Those who aren't — how can I control them? I am not God.... And this country is vast — 623,000 square kilometres."

Djotodia has formally dissolved the Seleka alliance of rebel groups, and his fighters now consider themselves soldiers in the national army.

THE ASSOCIATED PRESS

French intervention

Residents flee homes

French forces fanned out across Bangui on Sunday and also made their way north to the highly volatile town of Bossangoa, where some 40,000 Christians are seeking refuge at a Catholic mission and more than 7,000 Muslims have also fled their homes. In addition, thousands of locals have fled to the Bangui airport to seek the protection of French soldiers.

France is raising its Central African Republic deployment to 1,600 troops — 400 more than first announced for the mission in its former colony. THE ASSOCIATED PRESS



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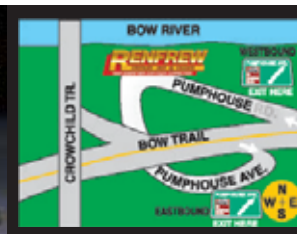
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Research. Drug from viper venom may prevent cause of heart attacks, strokes

It's one of the world's most poisonous snakes, and researchers hope the venom of the viper dubbed the "hundred pacer" can provide a medication to help prevent one of the world's leading killers.

A team of researchers has purified a protein from the snake's venom to develop an experimental drug aimed at preventing blood clots that can cause a heart attack or stroke.

The venom from the Southeast Asia pit viper is so potent that it is referred to by local residents as a hundred pacer — based on the belief that

someone who is bitten will be able to walk no more than 100 steps before dying. Scientifically known as *Deinagkistrodon acutus*, the 1.5-metre patterned snake is also called the sharp-nosed viper or Chinese moccasins and is indigenous to China, Taiwan and Vietnam.

Using venom milked from the snake, researchers filtered out all but one protein to create a drug called Anfibatide, which in human testing prevented blood clots from forming but didn't prolong bleeding as is the case with some clot-busting drugs. **THE CANADIAN PRESS**



Venom is extracted from a viper. ST. MICHAEL'S HOSPITAL, HANDOUT/THE CANADIAN PRESS

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Defamation case could 'chill online speech': Web giants

From Twitter and Facebook to Amazon and Google, the biggest names of the Internet are blasting a federal judge's decision in a defamation

lawsuit by a former Cincinnati Bengals cheerleader convicted of having sex with her former high school student.

The Internet giants recently filed briefs in the U.S. 6th Circuit Court of Appeals in Cincinnati.

The briefs are part of a lawsuit Sarah Jones brought against the website thedirty.com. A jury found in July that

An eggciting idea: I can't believe it's not mayo!

Which came first, the chicken or the egg?

Hampton Creek Foods hopes the answer is neither, as it aims to find plant-based alternatives for foods like mayo

The startup is housed in a garage-like space in San Francisco's tech-heavy South of Market neighbourhood, but it isn't like most of its neighbours that develop software, websites and mobile-phone apps. Its mission is to find plant replacements for eggs.

Inside, research chefs bake cookies and cakes, whip up batches of flavoured mayonnaise and pan-fry omelets and French toast — all without eggs.

Funded by prominent Silicon Valley investors and Microsoft founder Bill



Cracking open a new market — Hampton Creek Foods' CEO holds a species of yellow pea used to make a plant-based mayonnaise. ERIC RISBERG/THE ASSOCIATED PRESS

Gates, Hampton Creek Foods seeks to disrupt a global egg industry that backers say wastes energy, pollutes the environment, causes disease outbreaks and confines chickens to tiny spaces.

The company, which

just started selling its first product — Just Mayo mayonnaise — at Whole Foods Markets, is part of a new generation of so-called food-tech ventures that aim to change the way we eat.

"There's nothing to indicate that this will be a

Possible benefits

- Alternatives to eggs, poultry and other meat could be good for the environment because it could reduce consumption of meat, which requires large amounts of land, water and crops to produce, backers say.
- It could also benefit people's health, especially in heavy meat-eating countries like the U.S., and also reduce outbreaks of diseases such as avian flu, advocates claim.

Public prayer

Pope gives voice to 'cries of the poor'

Pope Francis, in the heart of Rome's fanciest shopping district, prayed on Sunday that the poor are never forgotten.

His appearance at the foot of the Spanish Steps



A statue of the Virgin Mary
THE ASSOCIATED PRESS

follows a papal tradition of public prayer before a statue representing Mary on Dec. 8, a church holiday honouring the mother of

Jesus.

That date also marks the official start of Rome's Christmas shopping season. Francis' route from the Vatican took him down Via Condotti, which is lined with swank designer stores. He prayed aloud that people "never be left indifferent to the cries of the poor." **THE ASSOCIATED PRESS**



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DELUGE OF SUPPORT FOLLOWED FLOOD

Dear World,

Time for our city's annual Christmas letter!

Writing this is an effort, thanks to the malevolent cold. Our fingers are frozen stiff. In weaker moments, we wonder why anyone bothers to live at the cruel confluence of the Bow and Elbow rivers at all.

The rivers — more on those in a bit. A lot happened in 2013.

But first, some seasonal levity. This is a traditional local recipe for pea soup, inherited from Calgary funnyman Bob Edwards, who dreamed it up in his frosty head nearly a century ago:

"Take a lot of split peas and dump them into a pot of water. Let it boil a week. If the peas show no signs of softening, boil for another week. Time is no object with pea soup. Add an old boot to give it body. Also a pinch or two of salt. If not to your taste, chuck it out the window."

(We have more alleged recipes of this sort but are saving



URBAN COMPASS

Jeremy Klaszus

calgary@metronews.ca

them for future years.)

On to more serious matters. There's not much to say about the first half of 2013. The Bow, our gleaming new skyscraper, opened for business. The Flames missed the playoffs. Life was going more or less as normal.

Then came June 21. We gawked online as backyards in Canmore were swept away by an angry river. Next thing we knew, the water was on us, and we had the unusual (for us) experience of contending with evacuation orders.

There was nothing to do but watch as swaths of the city filled with water. Our neighbours in High River got hit even harder.

The following days and weeks were terrible but sometimes beautiful. An impromptu movement of volunteers swept into the flood zone to rip out basements and share food, cleaning supplies and whatever else they could give.

It was always tempting to describe what was happening

in terms of water: "a flood of volunteers," "a deluge of donations," "awash in kindness." That is where the mind automatically went, before we'd check ourselves and phrase things differently. It was too soon.

But looking back, with some time elapsed between now and then, that's exactly what happened: a flood hit the city, and was met with a second formidable flood of generosity and human spirit.

In September, Calgarians were given — all of us! — the Governor General's Commendation for Outstanding Service. "This commendation is rarely given; rarer still to an entire city," said Gov. Gen. David Johnston in presenting the award. It was a proud moment for us, after all we'd been through it together.

Anyway, we'd best leave it there. Christmas shopping awaits, and we're headed to High River for that. Have you heard they're back open for business, with Christmas lights and everything? We can't wait.

Peace to you and your families!

Sincerely,

Calgary

ZOOM

One team caves in first



CHRISTOPHER FURLONG/GETTY IMAGES

Cricket goes deep in the ground

The world's first underground cricket match has taken place in a slate mine under a mountain.

The unique sporting fixture saw village clubs Caldbeck and Threlkeld play 600 metres (2,000 feet) deep inside England's last working slate mine at Honister in the English Lake District.

METRO

The treasurer says

"It was murky, water was dripping off the sides of the mine, the ground was muddy and the balls kept ricocheting off the walls. But it was a nice game, despite our team losing."

Michael Webster, treasurer of Threlkeld Cricket Club

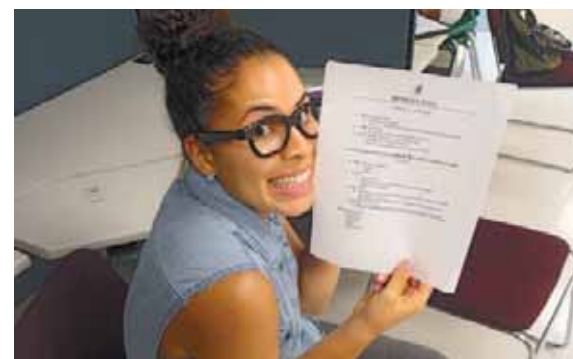
The match was won by Caldbeck after they scored 28 runs with one over and four balls to spare.

Club raises money with extreme game

In June 2012, Threlkeld was hit by a flood that wrecked the club's cricket ground. To raise money to fix it, the club invented Extreme Cricket: Matches played in unusual locations, the photos of which are made into a calendar sold online. With proceeds from their site rainstoppplay.org, Threlkeld hopes to have their ground ready in August. METRO

Where else?

- The game has also been played on a frozen tarn; on a mountain in the Lake District; on top of a steam engine; underwater in the local Derwent River; and inside a local theatre.
- The cricket club says it has no plans to export the quirky game overseas.



CONTRIBUTED

WE ACT: CANADA DOES GOOD

Theatre for Peace

Across the nation in our neighbourhoods, Canadians are up to a whole lot of good. Here's one we'd like you to meet.

Who: Tahirah Stanley, 24, (pictured) actor and activist, from Toronto.

What: Theatre for Peace, a youth-empowering performing arts program.

Why: "Theatre has a way of really encouraging people to step outside their comfort zone and develop confidence — that's what it did for me," says Stanley.

Two years ago, Stanley started Theatre for Peace, a program that engages Toronto teens to combine their interests for the arts with their passions for social issues. Eight to 10 youth participate in each 12-week course, choosing

issues to focus on and working with industry experts to create performances to share with the community — from poetry to rapping to dancing.

What inspired you to get started? "Theatre is really, really important in my life. I wanted to be a positive role model to youth in my neighbourhood, and I thought they would benefit from being connected to people outside their immediate community."

What motivates the work you do every day? "The youth that I work with are amazing! It really fuels my soul to see the change and the impact in these youth. It makes me happy to see other people happy, and to see them flourishing and becoming confident people."

CRAIG AND MARC KIELBURGER

WE WANT TO HEAR FROM YOU:
Send us your comments: calgaryletters@metronews.ca

It took a dragon to drag actress Evangeline Lilly out of retirement

The Hobbit: The Desolation of Smaug. She was done with her profession, then Peter Jackson called



RICHARD
CROUSE
scene@metronews.ca

The show *Lost* propelled Evangeline Lilly from unknown model to television star.

For six seasons she played Kate Austen on the hit series, earned a Golden Globe nomination, numerous Sexiest Women in the World titles and became the face of L'Oréal Paris.

But the trappings of fame didn't sit well with the Alberta-born actress.

"I'm a small town Canadian girl," she says. "It just doesn't jive with me."

So instead of looking for the next big thing following *Lost*'s 2010 finale, she took a step back.

"My resolve to retire came when I realized it was actually the job itself that was killing me. I'm a very undramatic woman. I keep my life very simple. I don't have a lot of emotional energy to spend. I don't argue with my spouse. I don't make drama where there doesn't need to be any. I don't



Evangeline Lilly plays the 600-year-old wood elf Tauriel in *The Desolation of Smaug*, opening Friday. CONTRIBUTED

have girlfriends who are dramatic. I just can't stomach it.

"Having a job that required that I be at the height of drama emotionally for 14 hours a day, all day, every week for six years running was doing bad things to my health, to my psyche. I wasn't in a good place. I really believe if you're not happy, get out. It doesn't matter how much someone is paying you

or how famous you've become, it's not worth it if you're not happy and you're not healthy."

It took Peter Jackson and a plum role in *The Hobbit: The Desolation of Smaug* to bring her out of self-imposed seclusion.

"When they asked me I was three months out of giving birth to my first son," she says. "I thought I had retired to a life

of writing and motherhood. I thought I was done with acting. And then he called. I thought, 'This is too huge of an honour. I can't say no to this. This is something I had dreamed about since I was a little girl,' so I took the job."

In the action-adventure she plays Tauriel, a 600-year-old wood elf created specially for the film. She says the character

is "driven by her desire to help the vulnerable and the weak."

We'll see her again as Tauriel next year in *The Hobbit: There and Back Again* and after that, who knows, although she says, shooting *The Desolation of Smaug* in New Zealand was "such a positive experience that it has actually changed my mind about my profession."

On powerful females

- **Evangeline Lilly likes the soft side of her current role.** "One of the things I struggle with, with powerful female roles in the media right now, is that often they are associated with male violence. If a woman can kill and slaughter like a man then suddenly she's a powerful woman, which I actually think diminishes her power. I don't think that makes them powerful. I like that this character is a softhearted compassionate elf driven out of her need for justice and her seeking of the truth. I think that is more a distinct female power. I think in the past vulnerability and compassion have been associated with weakness and I think they give a woman her power."

How do you solve a problem like Twitter?

The Sound of Music.

The tweeps of the world weren't too kind to Carrie Underwood's portrayal of Maria but Julie Andrews gave her blessing to the role

MELINDA
TAUB

Metro World News in New York

Twitter was pretty rough on Carrie Underwood during NBC's live production of *The Sound of Music* last night — partly because Twitter is not known for its kindness and restraint, but also because so many musical theatre fans felt

protective of Julie Andrews and her original performance as Maria.

But one person who felt just fine about Carrie Underwood stepping into her dirndl? Julie Andrews herself.

Country singer Underwood revealed that she reached out to the legendary musical star before taking on the role.

"She's so wonderful," Underwood told E! Online. "She's been so great to us and that means a lot. Whenever I do a cover of somebody's song or whatever, I always get permission of the artist first. I'm like, 'If you hate me, let me know and I won't sing your song!' So it was really really important for her to do that



Julie Andrews. GETTY IMAGES

and, just, what a lovely person."

Well, of course she's lovely. She is Julie \$%*#@ Andrews. She owns the



Carrie Underwood. GETTY IMAGES

copyright on lovely. She could kill a man with lovely at fifty paces. Do not even try to be as lovely as her, Carrie Underwood, because

{{Tagline|}}

"She's been so great to us and that means a lot. Whenever I do a cover of somebody's song or whatever, I always get permission of the artist first. ... So it was really, really important for her to do that ..."

Carrie Underwood on getting Julie Andrews' blessing to play Maria in *The Sound of Music*

lovely is her thing, and she could lovely you to tiny country-fried smithereens. Oh look, I've become Twitter.

2 SCENE

Why Big Ang is (mostly) for real

Living large. Apart from the obvious, the Mob Wives star doesn't know how to be fake

ALEXANDRA
CAVALLO
Metro World News

In reality TV, everything is larger than life — big drama, big personalities and, well, big boobs. Mob Wives star Angela “Big Ang” Raiola fits that bill, and hers are bigger than most.

If you ask Ang, she actually doesn't care for the drama. But good times, plastic surgery and booze — she just came out with her own line of wines, Big Ang Wines — are a different story. We got Ang and longtime family friend and Mob Wives producer Jenn Graziano (sister of cast member Renee Graziano) on the line to ask them a few questions about the show, which is now in its fourth season.

Ang, when Jenn asked you to be on the show, what was your initial reaction?



Angela “Big Ang” Raiola is one of the stars of Mob Wives. GETTY IMAGES

Ang: I was very nervous. When she said, “We’re going to put you on TV,” I thought, there is no way, I don’t know how to do that.

Jenn: She exploded immediately. It was like instant fame, instant stardom. They all loved her right away. We knew what was going to happen, she didn’t believe but we did.

From what we see on the show, your personality is larger than life. How much of this is real and how much is you putting it on for the cameras?

Ang: All of it, it really is all true stuff. I am like that.

Jenn: One hundred per cent. I don’t think Ang knows how to be fake.

Ang: That’s me everyday. That’s been me my whole life. Always working in bars, you have to have that personality all the way.

Is everything that happens on the show real?

Ang: Oh no, our show is very real. Sometimes a little TOO real.

Jenn: Yeah, she’s right. Sometimes we wish those things weren’t really happening. But they are. We really follow what’s going on in their lives. And obviously we can’t follow everything so we pick and choose what we think the viewers would want to see sometimes, but really this is what’s going on, when the girls are fighting on camera, they are really fighting off camera too. When they’re getting along, they are really getting along.

Was it hard at first, Ang, putting your life on TV? Was that a major adjustment?

Ang: It was hard when my son had his problems and it was on TV... but maybe it could help another kid.

Have you had any backlash from the show? When Jersey Shore came out, people from Jersey were furious about how they were portrayed.

Ang: Honestly, I think everyone in Staten Island likes us. Maybe there are a couple of haters, but no one important. All the important people are proud of us.

Review

Blackbar

By Neven Mrgan
and James Moore

iPhone/iPad/Android

•••••



MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

With their letters censored by a sinister authority, two friends must constantly invent covert ways to communicate. To follow along you have to type in their redacted words, guessing at what’s being said and treating each page like a riddle. As the codes become more complex the story remains witty and moving, a sharp reminder of the freedom privacy protects.



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KELLY CLARKSON - WRAPPED IN RED

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Paul Walker. ALL PHOTOS GETTY IMAGES

Trying to make off with a piece of history

What kind of a ghoulish creep does something like this? Sorry. Alleged ghoulish creep. According to E! Online, after Fast and Furious star Paul Walker's fatal crash, the parts of his totaled Porsche were gathered in a truck for transport to the impound yard.

Unfortunately, when the truck was stopped at a light, a witness saw a man get out of his car and grab a piece of the wreckage.

"The male drove away with the stolen vehicle part,"

the report said.

Luckily, police were able to trace the man and they tracked down the stolen part. One suspect, Jameson Witty, was arrested in his home in Tujunga, Calif. The car part, a roof panel, was found in a different home.

Police are apparently arranging for a second suspect to turn himself in.

Walker died in a car accident Saturday afternoon in Los Angeles, his rep confirmed. He was 40 years old.

MELINDA TAUB/METRO

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Sharon Osbourne finds a new way to scare us all

STARGAZING
Malene Arpe
scene@metronews.ca

Sharon Osbourne shares that "it was just excruciating" having her lady-parts tightened by a surgeon. What? I didn't hear because I was distracted by the excruciating pain of sticking an ice pick in my ear. I have a feeling it was worth it, though.

Glamour UK names Henry Cavill the sexiest man of 2013 with Robert Pattin-



son and Liam Hemsworth in second and third spot, respectively. Tom Hiddleston is number four... I apologize. That is the dumbest thing I've ever heard. In no realm are Superman, Sparkle Vamp and Not-Peta sexier than Loki. This list is obviously fake and stupid and I will say no more about it.

Joe Jonas says that he first

tried pot when he was 17 and lost his virginity at 20. That explains why Miley Cyrus and Justin Bieber just laughed so hard they threw up on their own shoes.

Barbara Walters' Most Fascinating People list is comprised of an actress, an anchor, a pope, a prince, a swimmer, a singer, a data-leaker, a Kimye and some bearded duck people. Said John le Carré: "I smell a bestseller."

Olympic diver Tom Daley says that he's in a happy relationship with a guy while actress Maria Bello reveals she has a girlfriend. Dammit. That's not who I picked for the 2013 celebrity sexual orientation derby bifecta.



Amanda Bynes

Doctors warn Bynes off going to school

Finally out of psychiatric treatment, Amanda Bynes is eager to go back to school for fashion design, but apparently her doctors think she shouldn't.

"Amanda was told by her doctors that going to fashion school so soon after being released from the Canyons (treatment facility) is an absolutely terrible idea," a source tells Star magazine. "It's almost setting her up for failure. There will be pressure on Amanda as far as school work, deadlines, and it's unlikely she will be able to succeed."

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Kicking it old school

Parents not keen on reading e-books

Children's storybooks are in no danger of becoming extinct, suggests a report on how kids and parents are embracing e-books.

Based on the results of online surveys conducted for Booknet Canada, a non-profit industry organization that

tracks sales and trends, it appears parents and children aren't eager to give up on the time-honoured tradition of flipping through paper books in favour of swiping around in digital content.

Of the more than 800 parents interviewed, about 41 per cent said they currently read e-books. More than 200



teens between 14 and 17 were also polled (with their parents' permission) and 27 per cent said they were e-book readers.

But few indicated they actually prefer digital books or could see themselves eschewing paperbacks for good.

Only one per cent of the parents polled said their kids aged 13 and under were at the

point of reading more e-books than print books.

The researchers also asked parents how their kids were using mobile devices.

The report suggests just over 60 per cent of kids aged three or four have access to an Apple or Google Android phone or tablet in their home. Among 11- to 13-year-old kids, about 80 per cent had a device in their home.

THE CANADIAN PRESS

Exclusively online



The Elf on the shelf is driving Mommy insane! Find out why with Metro content from Lyranda Martin Evans and Fiona Stevenson, authors of the hilarious, best-selling book *Reasons Mommy Drinks*, at metronews.ca/voices



Playing Santa on a budget

Gift giving. What do you do if your kid asks the Big Guy for something expensive? Metro's columnist has some ideas



IT'S ALL
RELATIVE
Kathy Buckworth
Kathybuckworth.com

'Tis the season to be stressed out, falalalala lalalala yikes.

While Christmas brings a lot of happiness to families, it can also be a frantic time, and the biggest causes of stress (according to a recent Leger survey conducted for PCFinancial) are associated with gifts: the buying and the giving. Forty-one per cent of Canadians surveyed listed budget as their top source of holiday stress, which was matched by 41 per cent also indicating they felt stress over choosing just the right gift. Clearly, finding the balance between the two is difficult.

For parents, it can be especially challenging when dealing with children, par-



Forty-one per cent of Canadians surveyed by Leger indicated budget as their top holiday stress. ISTOCK

ticularly those who assume it's Santa bringing their gifts, not penny-pinching mom and dad. But what can parents do when they know the most desired gift is well outside of even Santa's budget?

Have the kids make out a wish list, and check it twice

to make sure they have listed more than one item. Budget or availability may make delivering that single desired object impossible. Explain to the kids that even Santa can be "out of stock" or have to spread his spending around.

Older kids (age seven-

nine) should understand the value of money, even if they are expecting Santa to bring gifts. Suggest to them they can contribute earned chore money, or money saved in a bank account, to leave out for Santa, who can pocket the cash and deliver a more

expensive gift in return.

Have a number and stick to it. It's easy to get stuck in the "evening out" trap when you have more than one child. If they are still counting the number of presents, fill some boxes with inexpensive candies or dollar store items.

The biggest joy of Christmas, according to the survey, is spending time with family (65 per cent), so it makes sense to give a (budget friendly) gift that families can enjoy together. Many kids ask for electronics, so look for one that can be shared.

Kobo has some terrific options to get families reading together, and its gift cards are an easy way to get new e-books, which can be given by other family members.

Cashing in loyalty points (as 46 per cent of Canadians say they will do) is a great way to purchase gift cards. A Cineplex gift card lets you share time at a movie with a family member. Give yourself a gift and deck those bills with vows of holiday savings.

GIVE THE GIFT OF KATHY'S, I AM SO THE BOSS OF YOU AVAILABLE AT BOOKSTORES EVERYWHERE, AND ON KOBO.

So you can't stand your friend's kids...



Julie Klam, author of *Friendkeeping*. SUBMITTED

He's the toddler who always bites. She's the 6-year-old drama queen prone to "it's mine" fits and hair-pulling. The problem, for you anyway, is they are your best friend's, your neighbour's or your exceedingly lenient big sister's kids.

With the holidays comes togetherness, sometimes thrust upon us. And with togetherness, especially the obligatory kind, comes major stress — for you and your kids. But friction over

the offspring of loved ones strikes all year-round, leading the grown-ups to ponder whether their adult relationships are worth it.

Julie Klam, a Manhattan mom and author of the new book *Friendkeeping*, believes middle ground is possible.

"Do the best you can to see them without their children, but when they are around, take the anthropologist's point of view: 'Hmm, that's interesting that the kid is standing on a table

throwing cheese at the wall,' instead of getting wound up in it," she said.

Looking for the worst in other people's kids, and by association other people's parenting prowess, is a road to nowhere, which may be where you land when things go dangerously wrong. But seriously troubled is different than the day-to-day grind of ill-mannered, bad-tempered kids and their parents who stand around and let it happen, by design or other-

wise.

"If you're in your head keeping score of how rude they are, or whatever the things are that happen, it makes it much worse," said Klam, who has a 10-year-old daughter.

And before you take the fatal step of severing ties, "Stop and try to figure out how much of this has to do with you and how much has to do with them," Klam suggested.

THE ASSOCIATED PRESS

3 THE

Stuff your turkey with butter-nutty pecan flavour

1. Preheat oven to 375 F (190 C).

2. **Stuffing:** In non-stick dry skillet over medium heat, sauté onion until soft. Let cool.

3. Beat egg with milk in a large bowl. Add bread and wait 2 minutes to allow it to soak up liquid. Stir in onions, squash, pecans and cheese. Generously season with pepper.

4. **Turkey:** Slice turkey breast in half lengthwise, without cutting all the way through, and open like a book. Cover with plastic wrap and flatten with a butcher's mallet or a rolling pin, until about 1/2 inch (1 cm) thick.

5. Spread bottom part with stuffing and close up turkey breast to seal stuffing inside. If desired, tie with string like a roast or hold in place using toothpicks. Place in a baking dish pan and cover top of turkey with pancetta and thyme.

Ingredients

Stuffing

- 1/2 onion, finely chopped
- 1 egg
- 1/4 cup (60 ml) milk
- 2 slices of bread, cut into cubes
- 1 1/3 cup (325 ml) grated butternut squash
- 1/3 cup (75 ml) pecan pieces
- 5 oz (150 g) Gunn's Hill Five Brothers cheese, cut into small cubes
- Freshly ground pepper

Turkey

- 2 lb (1 kg) boneless skinless turkey breast
- 18 very thin slices of pancetta (about 4 oz/125 g)
- 2 tbsp (30 ml) thyme leaves

6. Roast for 1 hour or until meat thermometer reads 170 F (77 C). Let rest 10 minutes before slicing. Serve with seasonal vegetables. **DAIRY FARMERS OF CANADA (ALLYOUNEEDISCHEESE.CA/GRANDPRIX)**



This recipe serves eight. DAIRY FARMERS OF CANADA

Have a ball — literally — with Pimiento Cheese Balls

This old-fashioned cheese ball is flavoured with pimiento (roasted red pepper), lemon and onion. Make these now, freeze them and glide through the holiday season!

1. In nonstick frying pan, melt butter over medium

heat; add pecans and cook, stirring, for 5 minutes or until golden and fragrant. Transfer to cutting board. When cool enough to handle, chop coarsely. Set aside.

2. Place cheddar, pimientos, cream cheese, mayonnaise, lemon juice, onion,

Worcestershire sauce, salt, hot sauce and dry mustard in large bowl. Using fork, beat until smooth. Using clean hands, shape into six equal balls. Roll each ball in chopped pecans to coat. Cover each tightly in plastic wrap. Chill until firm. Freeze until needed, up to

3 weeks.

3. To serve, thaw completely and serve with crackers, sliced baguette or celery sticks.

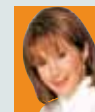
COURTESY PRESIDENT'S CHOICE

Ingredients

- 2 tbsp (25 ml) unsalted butter
- 2 cups (500 ml) pecan halves
- 1 pkg (250 g) PC Aged Two Years Canadian White Cheddar Cheese, finely grated
- 4 oz (125 g) drained roasted red peppers, chopped
- 1 pkg (250 g) PC Original Cream Cheese, at room temperature
- 3 tbsp (45 ml) mayonnaise
- 1 tbsp (15 ml) fresh lemon juice
- 2 tsp (10 ml) grated yellow onion
- 1-1/2 tsp (7 ml) Worcestershire sauce
- 3/4 tsp (4 ml) salt
- 1/4 tsp (1 ml) hot sauce
- 1/4 tsp (1 ml) dry mustard

Healthy eating

Choose it and lose it



ROSE REISMAN
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Tortilla chips are a favourite snack or appetizer at Mexican restaurants for many people, but what you dip them in could add up quickly in calories and fat.



Taco Del Martortilla chips and guacamole

740 calories / 44 g fat
An avocado has more than 300 calories and 30 grams of fat. The fat is heart healthy but calories add up.

Equivalent

A serving of tortilla chips with guac is equal in calories to 90 Lays baked potato chips and 1/2 cup tomato salsa.



Taco Del Mar tortilla chips and salsa

440 calories / 21 g fat
Save the calories and enjoy a tomato-based salsa with only vegetables added. Then you can afford the Mexican dinner.

Appetizer. Queso Fresco Cheese with Apples



It's fitting that in Mexico, where it originates, queso fresco literally means "fresh cheese". That's because it is a light cheese that is milky and mild. Queso fresco also has a trademark salty-sour kick, and while it's creamy by nature of its freshness, it's not rich or buttery tasting.

Here it stars in a delicious appetizer with apples and nuts.

1. Preheat oven to 450 F (230 C).

2. In an oven-safe medium baking dish, mix apples, butter, honey, rosemary and nuts, if using. Place cheese over apples, season to taste with pepper. Bake for 15 to 20 minutes or until hot and

golden brown. Place the dish on the table and enjoy while the cheese is hot. **DAIRY FARMERS OF CANADA (ALLYOUNEEDISCHEESE.CA/GRANDPRIX)**

Ingredients

- 2 apples, sliced or cut into small wedges
- 1 tbsp (15 ml) butter, melted
- 1 tbsp (15 ml) honey
- 1 tsp (5 ml) fresh rosemary leaves
- 1/4 cup (60 ml) nuts, your choice (pistachios, walnuts, almonds, pecans, etc.), optional
- 8 oz (225 g) Latin Foods Queso Fresco cheese
- Freshly ground pepper

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'Round the world wisdom

Facing adversity? Expectations can be a heavy burden

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.



LESSONS FROM
THE DESERT
Stéfan Danis
life@metronews.ca

I started the Gobi March hoping to finish it. I ran free of expectations for the first four days, each a marathon in length. Somehow, I ran it very fast. I wasn't paying attention to the results, simply grateful to be there, each day closer to finishing the race. After the fourth day, I was then advised that I was in the lead in the 40- to 50-year-old category.

On the fifth day, it all changed. I started to run not to lose.

Each of us ran the race with about 25 pounds of food, meds, survival gear, and clothes in our backpacks.



STÉFAN DANIS IS THE CEO OF NEXCA-REER AND MAN-DRAKE, AND THE AUTHOR OF GOBI RUNNER

On day five, I started to add invisible baggage to my backpack; expectations, stress, and especially fear of failure. It no longer weighed 25 pounds, it weighed a ton, and I ran slowly and nervously. My mental narrative until then was "this is the most beautiful desert I've ever seen". Now, all I could hear myself say was "don't mess up".

I realized that my whole life had been lived with outcomes in mind. When I returned home, I became present to a much bigger problem; I put expectations on others too! I was adding weight to others' already full backpacks.

Today, I try to avoid having expectations around a specific outcome. I tell people I can be counted on to give my best effort, and I ask the same from others. The results will be what they will be. With this approach, I have since found that the results have gotten better.

Have you tried to give your best as opposed to try to meet expectations?

He travels the world in search of nightmares

Adam the monster hunter. The career of a cryptozoologist combines both science and the supernatural

As one of the world's leading cryptozoologists, Adam Davies has pursued the death worm of Mongolia and the Mokele-mbembe lake monster of Congo, the Sasquatch and the Yeti. The British explorer spoke to us about the need to make his passion more respectable.

What is cryptozoology?

It's basically looking for unknown or undiscovered animals, and that for me is about working with cred-



Artist's rendering of the Orang Pendek.
CENTRE FOR FORTNEAN ZOOLOGY



Adam Davies is serious about a job that some might find silly. HANDOUT

ible scientists. It's a broad sphere and you have to dismiss some of it. If someone says they saw a unicorn in their garden I'm not interested, but if they saw a rare primate in the jungle it's game on.

Where are your hunting grounds?

In the last year I've looked for Bigfoot in the US, and the Orang Pendek — the Sumatran ape-man. I've looked for the Congolese dinosaur for the BBC and the Yeti in Nepal. I've been almost anywhere on the planet, mostly on my own time and money.

What is your number 1 ambition?

I've always been interested in bipedal primates and if I could prove the Orang Pendek that would be the find of the century. We've come

Are these species being covered up?

I don't believe so as I have worked with governments on my projects. The problem is the species are very rare and elusive, as you would be if you were under threat.

Some of cryptozoology is just bizarre right?

It's a broad area and that's why it's important to work with credible scientists to corroborate findings. We need more rigor in the field, such as through sending hairs for DNA tests. But there is also a place for eccentricity.

METRO WORLD NEWS

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Curling

Jacobs books trip to the Olympics

It was fitting that Brad Jacobs sealed his right to represent Canada at the Olympics with one more big-weight double Sunday afternoon, and he never even considered a less risky shot.

"You're throwing that double to win the game," he said after beating John Morris 7-4 in Winnipeg.

He said his third, Ryan Fry, told him it was coming.

"Fry said it to me, 'You're going to have a double either way here and we're playing it.' So my mind was already wrapped around some big weight shot before I even threw it."

Jacobs joins Winnipeg's Jennifer Jones, who defeated Sherry Middaugh 8-4 Saturday night to win the women's slot, the one prize that has eluded her in a championship-filled career.

THE CANADIAN PRESS

NBA

Raptors ready to ship out Gay

It appears Rudy Gay is heading out of Toronto.

The Raptors are expected to announce a trade Monday that will send the 27-year-old small forward along with centre Aaron Gray and forward Quincy Acy to the Sacramento Kings, according to reports.

The Raptors will reportedly get guards John Salmons and Greivis Vasquez, forward Patrick Patterson and centre Chuck Hayes in return.

Gay has a \$17.8-million US salary this season with a \$19.3-million player option for next season.

THE CANADIAN PRESS



Lindsey Vonn competed in the women's super-G at Lake Louise on Sunday. She placed fifth. JONATHAN HAYWARD/THE CANADIAN PRESS

'I'm ready for Sochi'

Lindsey Vonn. Skiing star competes in first races since breaking leg; finishes 5th in super-G on Sunday

After a fifth-place finish in a World Cup super-G, her third race in three days, Lindsey Vonn used six simple words to sum up where things stand in her comeback from major knee surgery.

"I know," Vonn said, "I can win again."

She also had this to say after coming within a second of winner Lara Gut of Switzerland on Sunday: "I'm ready for Sochi."

The 2014 Winter Games are less than two full months away, and Vonn said she might only race one or two times before then.

"I know that I'm skiing well," said Vonn, the 2010 Olympic downhill gold medalist and a four-time overall World Cup champion. "So I know that I don't need to push myself and try to push the limits of my knee to race as many as races as I can."

Until this weekend, the

29-year-old American had not competed since a high-speed crash at the world championships last February ripped two ligaments in her right knee and broke a bone in that leg. Working her way back from that, Vonn had a setback less than three weeks ago, partially re-tearing her reconstructed right ACL.

"She had a trauma about a month ago, so it's very impressive that she's doing it," said U.S. teammate Leanne Smith. "Every one of her teammates are her biggest fans, I would say. We're happy to have her back." THE ASSOCIATED PRESS

Shaking off the rust

Lindsey Vonn's first race in 10 months was Friday's downhill in which she wound up 40th, ending a seven-race winning streak at Lake Louise.

- In Saturday's downhill, Vonn was 11th.
- Skiing with a brace on, Vonn felt her right knee was stable and came through what amounted to a 72-hour test in good shape.

4 SPORTS

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Eagles running back LeSean McCoy hurdles the Lions' Louis Delmas en route to a 40-yard touchdown run on Sunday in Philadelphia. RICH SCHULTZ/GETTY IMAGES

McCoy, Eagles soar over Lions in Philly snowstorm

Fifth straight win.

Running back has no trouble finding his footing in rushing for 217 yards, 2 TDs

Once LeSean McCoy put his head down and ran straight ahead instead of juking and jiving, no one could stop him.

McCoy ran for a franchise-best 217 yards, including touchdowns of 57 and 40 yards, and the Philadelphia Eagles overcame two TD returns by Jeremy Ross to beat the Detroit Lions 34-20 in a blizzard Sunday.

"It was tough, to be honest," McCoy said. "But the guys were giving me so much room. I actually like to run in between the tackles."

Unpleasant surprises

Forecasters predicted only some snow, so neither team was prepared for a storm that dropped up to six inches in Philadelphia.

- The Lions lost running back Reggie Bush when he fell on the slippery field during warm-ups and re-injured his calf.

Ross returned a punt 58 yards for a score and ran a kickoff 98 yards. But McCoy ran 57 yards up the middle for a tying TD, and Nick Foles connected with Riley Cooper on the two-point conversion. Foles sneaked in from the 1 and Chris Polk had a 38-yard touchdown run to cap a

28-point fourth quarter for the Eagles (8-5).

Snow began falling two hours before kickoff and intensified after the game started. Workers used shovels and hand-held blowers to clear off yard lines. Conditions were so poor neither team tried a field goal, and there were two-point conversion attempts after seven of the eight TDs.

"We just felt footing was so bad," Eagles coach Chip Kelly said.

The Eagles, looking to go worst-to-first in the NFC East, won their fifth straight game and took over sole possession of first place. Dallas can make it a tie for the top spot with a victory at Chicago on Monday night.

The Lions (7-6) have a half-game lead over the Bears in the NFC North. **THE ASSOCIATED PRESS**

NHL

Back problems sideline Lecavalier

Philadelphia Flyers forward Vinny Lecavalier could miss a month because of a non-displaced fracture in his lower back.

Lecavalier has already missed three games due to back spasms. He leads the Flyers with five power-play goals. **THE ASSOCIATED PRESS**

NHL

Sharp solidifies Blackhawks' win over Panthers

Patrick Sharp had a goal and two assists, and the Chicago Blackhawks scored a season-high three times on the power play in a 6-2 win over the Florida Panthers on Sunday night. **THE ASSOCIATED PRESS**

Rugby

Mack's attack not enough to lead Canada past Scots

Phil Mack scored two tries as Canada's men's rugby sevens team lost to Scotland 19-12 on Sunday in the final of the Shield in Port Elizabeth, South Africa, after defeating Zimbabwe 24-10 earlier. **THE CANADIAN PRESS**

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	30	20	8	2	84	61	42
Montreal	31	19	9	3	85	65	41
Detroit	31	15	9	7	85	82	37
Tampa Bay	29	17	10	2	80	70	36
Toronto	31	16	12	3	86	87	35
Ottawa	30	11	14	5	86	99	27
Florida	31	9	17	5	70	104	23
Buffalo	30	6	22	2	51	91	14

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	31	20	10	1	96	70	41
Washington	30	16	12	2	92	85	34
Carolina	30	13	12	5	71	84	31
NY Rangers	31	15	15	1	69	80	31
New Jersey	31	12	13	6	69	77	30
Philadelphia	29	13	14	2	64	73	28
Columbus	29	12	14	3	72	80	27
NY Islanders	30	8	17	5	75	104	21

Sunday's results

Minnesota 3 San Jose 1
Chicago 6 Florida 2
Boston 5 Toronto 2
Washington 4 NY Rangers 1
Vancouver 3 Colorado 1

Saturday's results

Dallas 5 Philadelphia 1
Winnipeg 2 Tampa Bay 1 (OT)
Washington 5 Nashville 2
Boston 3 Pittsburgh 2
Florida 2 Detroit 1

SCORING LEADERS

	G	A	Pts
Crosby, Pgh	15	27	42
Malkin, Pgh	7	30	37
Getzlaf, Ana	16	20	36
Kane, Chi	16	18	34

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	32	21	6	5	116	89	47
St. Louis	28	19	6	3	98	66	41
Minnesota	32	18	9	5	77	75	41
Colorado	28	20	8	0	82	65	40
Dallas	28	14	9	5	81	80	33
Winnipeg	31	14	13	4	82	88	32
Nashville	30	13	14	3	67	88	29

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	32	20	7	5	101	84	45
San Jose	30	19	6	5	101	75	43
Los Angeles	30	19	7	4	79	62	42
Vancouver	32	17	10	5	86	81	39
Phoenix	29	16	8	5	94	93	37
Calgary	29	11	14	4	78	98	26
Edmonton	31	10	18	3	84	105	23

Note: Two points for a win, one point for overtime loss.

Montreal 3 Buffalo 2
Toronto 4 Ottawa 3 (SO)
New Jersey 4 NY Rangers 3 (OT)
Anaheim 5 St. Louis 2
Calgary 2 Edmonton 1 (OT)
Los Angeles 3 NY Islanders 0
Monday's games — All Times Eastern
Philadelphia at Ottawa, 7:30 p.m.
Columbus at Pittsburgh, 7:30 p.m.
NY Islanders at Anaheim, 10 p.m.
Carolina at Vancouver, 10 p.m.

NFL

WEEK 14

Sunday's results

Kansas City 45 Washington 10
Baltimore 29 Minnesota 26
Tampa Bay 27 Buffalo 6
N.Y. Jets 37 Oakland 27
Miami 34 Pittsburgh 28
New England 27 Cleveland 26
Cincinnati 42 Indianapolis 28

Green Bay 22 Atlanta 21
Philadelphia 34 Detroit 20
Denver 51 Tennessee 28
San Diego 37 N.Y. Giants 14
San Francisco 19 Seattle 17
Arizona 30 St. Louis 10
New Orleans 31 Carolina 13
Monday's game — All Times Eastern
Dallas at Chicago, 8:40 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	18	3	.857	—
d-Miami	16	5	.762	2
Atlanta	11	10	.524	7
d-Boston	10	12	.455	8 1/2
Detroit	10	11	.476	8
Washington	9	10	.474	8
Charlotte	9	11	.450	8 1/2
Chicago	8	10	.444	8 1/2
Toronto	7	12	.368	10
Cleveland	7	13	.350	10 1/2
Philadelphia	7	14	.333	11
Orlando	6	14	.300	11 1/2
Brooklyn	6	14	.300	11 1/2
New York	5	14	.263	12
Milwaukee	4	16	.200	13 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
d-Portland	17	4	.810	—
Oklahoma City	15	4	.789	1
d-San Antonio	15	4	.789	1
d-L.A. Clippers	13	8	.619	4
Houston	15	7	.682	2 1/2
Dallas	13	8	.619	4
Denver	12	8	.600	4 1/2
Golden State	12	9	.571	5
Phoenix	11	9	.550	5 1/2
L.A. Lakers	10	10	.500	6 1/2
New Orleans	9	10	.474	7
Memphis	9	10	.474	7
Minnesota	9	11	.450	7 1/2
Sacramento	5	13	.278	10 1/2
Utah	4	18	.182	13 1/2

d - division leaders

Sunday's results

Boston 114 New York 73
Miami 110 Detroit 95
Houston 98 Orlando 88
Oklahoma City 118 Indiana 94
Toronto 106 L.A. Lakers 94
Monday's games — All Times Eastern
L.A. Clippers at Philadelphia, 7 p.m.
Golden State at Charlotte, 7 p.m.
Denver at Washington, 7 p.m.
Orlando at Memphis, 8 p.m.
Portland at Utah, 9 p.m.
Dallas at Sacramento, 10 p.m.

MLS

MLS CUP

Saturday's result

Sporting Kansas City 1 Real Salt Lake 1
(Sporting K.C. wins 7-6 on penalty kicks)



Wielding hot goalie, Wild get win over Sharks

The San Jose Sharks' Antti Niemi stops a shot from the Wild's Dany Heatley on Sunday night in St. Paul, Minn. Zach Parise scored two, Mikko Koivu one and Josh Harding stopped 37 shots as the Wild won 3-1. ANN HEISENFELT/THE ASSOCIATED PRESS

Horoscopes

Aries

March 21 - April 20

You may be open and honest by nature but is letting any one and everyone know what you are thinking such a good idea?

Taurus

April 21 - May 21

There is a lot of pressure on you at the moment, the sort that would make other people crack. But you're not other people, you're a Taurus, and giving in and giving up are not in your nature. What's the worst that can happen?

Gemini

May 22 - June 21

You may have to be cruel to be kind today. The planets indicate that someone you are close to emotionally needs to be reminded that they can't always have things their own way.

Cancer

June 22 - July 23

Jupiter in your sign is giving you plenty of big ideas but because the planet of expansion is moving retrograde at the moment you must take care.

Leo

July 24 - Aug. 23

Whatever your current problems may be they're not as bad as they seem.

Virgo

Aug. 24 - Sept. 23

You will encounter hostility of some sort over the next 24 hours, most likely from someone who resents your ability to point out where they are going wrong. If it gets heated you would be wise to turn your back and walk away.

Libra

Sept. 24 - Oct. 23

Make a point of respecting other people's right to have opinions you don't agree with. If you must criticize what they say at least do so in a civilized fashion.

Scorpio

Oct. 24 - Nov. 22

No matter how honest you think someone may be you would be wise not to let them make decisions for you today, especially if those decisions involve your hard-earned cash.

Sagittarius

Nov. 23 - Dec. 21

Some of the people you have to deal with today will drag their feet and find excuses why they cannot deliver what you require.

Capricorn

Dec. 22 - Jan. 20

Someone you work or do business with has been taking liberties of late and you are almost at the point where you have to say something rude.

Aquarius

Jan. 21 - Feb. 19

Try not to get excited about something that is not important today or you may miss out on something that is. There are so many distractions in your life at the moment that your brain cannot possibly keep track of them all.

Pisces

Feb. 20 - March 20

If you are smart you will tone down some of your more outrageous ideas today, at least while in the presence of people you need to stay on good terms with.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Southern Manitoba community
7. Good: French
11. Knee injury [acronym]
14. Flip over the 'Closed' sign
15. To, archaically
16. Francis __, "Love Story" (1970) score composer
17. Tempt the fish again
18. "We are __ / We are golden..." - Joni Mitchell, "Woodstock"
20. __ Paulo, Brazil
21. Second Cup offering
23. Medieval helmet
24. Stone __
26. Raise
27. Blue dye
28. Imperativeness
30. Niagara-on-the-Lake export
33. Communicate in the direction of, lion-style: 2 wds.
34. Some papers
35. Holiday __
36. Explanatory picture
38. Guileful
41. Religious orders
42. Kitchen gadget, lemon __
44. Early computer programming language
47. Monty __ Flying Circus

48. Prefix with 'logical'
49. Eyes: Spanish
51. Tycoon Mr. 'O'
52. "Chip ' __: Rescue Rangers"
54. Terra __
56. "Oh, give __ home..."
58. Group of Seven

- member, __ __ (b.1898 - d.1992)
60. Cleopatra's guy
62. Batch
63. Leaning Tower of __
64. Bring on
65. Charlotte's Web author Mr. White, et al.

66. Hair accessories
67. Took a breather

Down

1. Train stn. postings
2. Canada's 'Metal Queen', born in Belleville, ON: 2 wds.
3. Sled
4. __-locka, Florida
5. Mr. Young
6. Lieu of Prince Harry's current charity trek: 2 wds.
7. Rapper, __ Rhymes
8. The BC __
9. 7th Greek letter
10. Romance novelist Ms. Roberts
11. Reunion at-

- tendees
12. __ point... (For example...)
13. Small
19. Sketches
22. Scottish writer, Josephine __
25. 'Ballad' suffix
28. Spoonbender Mr. Geller
29. Consumer advocate, Ralph __
31. Emily Carr's painting The __ recently sold for \$3.39 million, a record-breaking auction price for her
32. Ant, archaically
34. Friends of HJKs
37. Free: 3 wds.
38. Leave in a huff: 2 wds.
39. Mildness, as in a judge's ruling
40. Mos. and mos.
41. Tunic of ancient Rome
43. Doo-Wop music syllable
44. Closing curtain
45. Honey Do List task: 2 wds.
46. Is affected by
47. Plant holder
50. The __ Brothers
53. Sporty TV network
55. Author Ms. Rice
57. Positively-replied at sea
59. "Sprechen __ Deutsch?"
61. QB's feats

Friday's Crossword

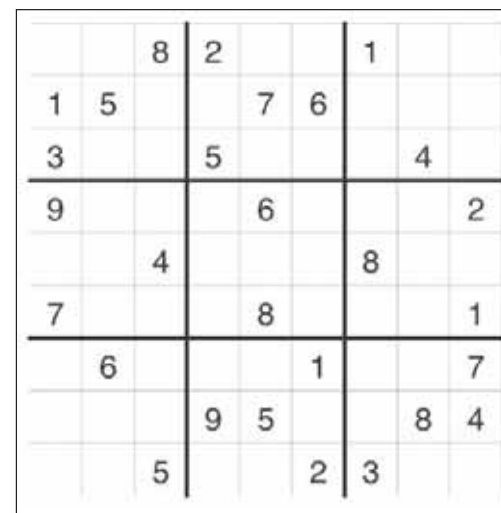


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY



MAX: -6°
MIN: -18°

SATURDAY



MAX: -18°
MIN: -19°

SUNDAY



MAX: -12°
MIN: -18°



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HEATED
FRONT & REAR SEATS
WINTER MATS
SNOW BRUSH

KIA
WINTERFEST
**CAR-A-DAY
GIVEAWAY**
30 CARS. 30 DAYS.

UP TO
0% 84

FINANCING

MONTHS

ON SELECT MODELS PLUS



+



HELD OVER! VIP SALE EXTRAS!



FREE GPS!
W. PURCHASE



FREE WINTER
TIRES!
W. PURCHASE
ON SELECT
MODELS

ENDS SATURDAY!



2013 KIA SPORTAGE SE K53259

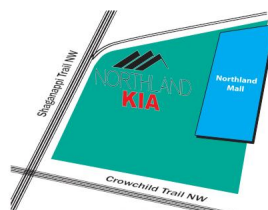
SAVE \$4,000!

\$25,300

OR **\$155** **\$0**
BI-WEEKLY DOWN

PLUS
GET

HEATED
FRONT SEATS
WINTER MATS
SNOW BRUSH



2014 KIA RONDO SE K14055

SAVE \$2,500!

\$24,988

OR **\$152** **\$0**
BI-WEEKLY DOWN

PLUS
GET

HEATED
FRONT & REAR SEATS
WINTER MATS
SNOW BRUSH



2014 KIA FORTE SE K14063

SAVE \$2,000!

\$21,938

OR **\$136** **\$0**
BI-WEEKLY DOWN

PLUS
GET

HEATED
FRONT & REAR SEATS
HEATED
STEERING WHEEL
WINTER MATS
SNOW BRUSH

WWW.NORTHLANDKIA.ca

5100 SHAGANAPPI TRAIL NW NEXT TO NORTHLAND MALL

PLEASE READ: ALL OFFERS OAC. ALL REBATES TO DEALER. ALL OFFERS INCLUDE FREIGHT, PDI AND FEES AND EXCLUDE GST AND AMVIC LICENSE FEE OF \$6.25. BIWEEKLY PAYMENTS BASED ON 84 MONTH TERMS AND ZERO DOWNPAYMENT. RATE WILL VARY BY VEHICLE SELECTED. OFFERS END 12/31/13. SEE DEALER FOR FULL DETAILS.



The Power to Surprise